



CBT

5th Asian Cognitive Behavior Therapy Conference

The 5th Asian Cognitive Behavior Therapy Conference

Theme: *Balance: Evidence-based and Practice-based CBT*

Conference website: <http://cbtchina.com.cn/2015acbtc/en>

Contact us: acbtc2015@outlook.com

As the chairman of the conference, I would like to formally welcome you to Nanjing, which is known as capital of Jiangsu Province in eastern China. Served as the capital city of ten dynasties in ancient Chinese history, Nanjing has developed into an important hub of transportation and communication center, one of China's four major scientific research and educational central cities. I am pleased to announce that the 5th Asian Cognitive Behavior Therapy (CBT) Conference and the 4th Chinese Cognitive Behavior Therapy Conference which is organized by Asian Cognitive Behavioral Therapy Association (ACBTA) will be held between 16 and 17 May 2015 at Jiangsu Conference Center (Zhongshan Hotel).

The conference will provide a unique opportunity to gather CBT fellows all over Asia to exchange experiences, share researches and discuss the future. The event will offer you the best of recent developments in cognitive and behavioral therapies in a unique international setting and bring together world leaders in clinical research and practice as well as researchers, therapists, and students with an interest in cognitive psychotherapy.

CBT therapists as well as people from the realm of medicine, psychology, education and other communities will be warmly welcomed. We are looking forward to your participation and contributions.



Zhang Ning(China)

Chairman



Tian Po Oei(Australia)

Chairman



Jung-Hye Kwon (S. Korea)

Chairman



Conference information:

Date : May 16th-May 17th, 2015 **Pre-workshop:** May 15th, 2015

Venue: JiangSu Conference Center (Zhongshan Hotel)

Address: Zhongshan East Road, Xuanwu District, Nanjing, Jiangsu Province ,307

Registration

Online registration:

Please visit the website: <http://cbtchina.com.cn/2015acbtc/en>.

Registration fees:

	Early registration Aug 1 st ,2014—Dec 31 st ,2014	Regular registration Jan 1 st ,2015—Apr 30 th ,2015	On-site registration May 14 th ,2015 –May 17 th ,2015
Fees for delegate	USD 160	USD 190	USD 240
Fees for student	USD 100	USD 120	USD150

Payment method:

By Credit Card: Please visit the conference website, and click the button *Individual Registration*.

By Bank Transfer: Please make the wire transfer to the account below

Bank Account: Mental Health Association of Jiangsu Province

Account number: 4301011409100202334

Bank of Deposit: Industrial and Commercial Bank of China, Nanjing Ninghai Road Branch.

Note:

1.Please check the name and number of the bank account and indicate “15ACBTC+your name” in the note during remittance.

2.Please email us after remittance and we will reply to confirm your registration within 7 weekdays.

3.Please keep the credential of the remittance which will be required to attend the conference.



Call for papers

Requirement:

1. Submission deadline: January 31st , 2015
2. Essay should be submitted in abstract form. Original papers which are not published in academic journals or reported in academic conference will be received.
3. Academic Committee of the conference will be responsible for screening the paper. Reception notice will be issued after reviewing.
4. Abstracts submitted should be no longer than 800 words. Please indicate the author's name, company, address, zip code and email address.
5. The paper must be submitted through the conference website.

Key themes:

1. Basic theory of cognitive behavioral therapy, including basic theory of cognitive-behavioral science, cognitive neuroscience, development of cognitive behavioral therapy and so on.
2. Evidence-based cognitive behavioral therapy
 - [1] Empirical Research of common mental disorders such as depression disorder, anxiety disorder, obsessive-compulsive disorder, eating disorders , sleep disorders, sexual dysfunction, psychotic disorder , substance abuse and personality disorders and other diseases.
 - [2] Empirical Research of common psychological problems such as interpersonal issues, marital problems and so on.
 - [3] The studies of cognitive behavioral therapy in psychosomatic diseases such as hypertension , coronary heart disease , peptic ulcer disease , cancer, etc.
 - [4] Application of cognitive behavioral therapy in different age and occupational groups, such as the elderly , children, adolescents , pregnant women , police, miners, civil servants, teachers, etc.
 - [5] Evaluation of the effect of different treatments such as efficacy comparative study of cognitive behavioral therapy and drug treatment; efficacy studies of cognitive behavioral therapy combined with drug treatment; efficacy studies of individual , group and family by cognitive behavioral therapy compared with other psychotherapy (such as mental photodynamic therapy, behavioral therapy, systemic family therapy, etc.) .
 - [6] Cognitive behavioral therapists' professional training and development.
 - [7] Case reports of cognitive behavioral therapy.
 - [8] Research reports, development and treatment evaluation which are related to cognitive behavioral therapy.

Program (up to now, August 15, 2014)



Invited Keynotes:

1. Product-testing, theory-building, and progress in CBT research and practice (William R Stiles, USA)
2. Psychotherapy for PTSD: treating symptoms, promoting resilience (Ulrich Schnyder, Switzerland)
3. Group CBT: past, present and future (Tian Po Oei, Australia)
4. The role of self-experience in training and practice of CBT (Thomas Fydrich, Germany)
5. CBT for psychosis (David Kingdon, Britain)
6. CBT in China: past, present and future (Ning Zhang, China)

State-Of-The-Arts:

1. From scientific advance to clinical practice: the treatment of Borderline personality disorder
2. The road less travelled: Imagery in CBT (Jung-Hye Kwon, Korea)
3. Neuro CBT: the fourth generation CBT? (Peter Rossouw, Australia)
4. CBT research development in China (Zhan-Jiang Li, China)

Workshops:

1. Assimilation of problematic experiences by patients in CBT and other therapies (William R Stiles, USA)
2. Brief eclectic psychotherapy for PTSD: An introduction (Ulrich Schnyder, Switzerland)
3. Group CBT (Tian Po Oei, Australia)
4. CBT for psychosis (David Kingdon, Britain)
5. Neuro-psychotherapy (Peter Rossouw, Australia)
6. Schema mode work (Young-Hee Choi, South Korea)
7. The evolution of CBT from Beck to mindfulness (Young-Hee Choi, South Korea)
8. Therapeutic approaches for people with cancer – cognitive behavioral therapy (Samuel MY Ho, HongKong)
9. The Buddhist Cognitive Behavior Therapy for Emotional Disorders (Freedom YK Leung, HongKong)
10. Cross diagnosis approaches of psychotherapy: the core theory and technology of CBT (Chee-Wing WONG, Calais Chan, HongKong)
11. Group CBT for sexual crime (Ruo-Zhang Chen, Taiwan)
12. Mindfulness training: the way to decrease distress and increase inner peace and wellbeing (Xing-hua Liu, China)
13. Hypnosis and CBT (Xin Fang, China)
14. Moving to emptiness technique (MET) (Tian-Jun Liu, China)
15. CBT for eating disorder (Lan Zhang, China)
16. Acceptance and commitment therapy (ACT) (Zhuo-Hong Zhu, China)

Master classes:

1. Adaptations of Beck's cognitive-behavioural therapy (CBT) model for Chinese people: Towards theoretical and clinical reflections (Daniel Fu Keung Wong, HongKong)



2. Focus and materialization in mood check of CBT (Xian-Yun Li, China)
3. CBT model and technology application in conceptual perspective (Jian-Ping Wang, China)

Case supervision:

CBT case supervision of CBT (China)

Table discussion:

1. History, present situation, developmental trend and challenge of CBT (international)
2. How to handle structure and efficient use of time in a session (China)
3. Present situation, trend and challenge of CBT in China (China)

Invited symposium:

1. Developmental situation and challenge of CBT in Asian Countries (Asia)
2. Practice, training and research of CBT in Hongkong (HongKong)
3. Practice, training and research of CBT in Taiwan (Taiwan)
4. Combined treatment between CBT and medication in depressive disorders: from mechanism to practice (Asia)
5. Combined treatment between CBT and medication in anxiety disorders: from mechanism to practice (Asia)
6. Combined treatment between CBT and medication in obsessive-compulsive and related disorders: from mechanism to practice (Asia)
7. The neurobiological mechanisms of CBT (China)

Asian Cognitive Behavioral Therapy Association (ACBTA)

CBT Group of Committee of Counseling Psychology, Chinese Psychological Society

CBT Group of Chinese Society of Psychiatry, Chinese Medical Association

CBT Committee of Chinese Association for Mental Health

Nanjing brain hospital affiliated to Nanjing Medical University

Mental Health Association of Jiangsu Province

